



## FUNDRUM

# THERAPEUTIC DRUMMING

## Summer 2019

This program is for youth and adults with mild to moderate disabilities and their caregiver. Drumming in a circle is one of the many techniques used by Music Therapists. Rhythm through drumming is known to accelerate feelings of good health and boost mood.

- No music experience required, no drumming experience required, no singing experience necessary.
- you are welcome to use our instruments or you can bring one that you prefer to use.
- we don't just drum we also sing favourite songs, explore new instruments, and talk about music.

**TUESDAYS Jul 9 – Aug 13, 2019 (6 weeks) 11:00 AM – 12:30 PM** OR **FRIDAYS Jul 12 – Aug 16, 2019 (6 weeks) 10:30 AM – 12:00 PM**

Where: JB Music Therapy Office (1 – 1332 Hastings Cres SE)

Costs: \$139.00 per Participant (6 weeks) plus Caregiver

REGISTER online at [www.jbmusictherapy.com/fundrum](http://www.jbmusictherapy.com/fundrum)

JB Music Therapy is at its core a music therapy business with a team of Accredited Music Therapists (MTAs) serving all ages and abilities. All our services, including clinical sessions, international presentations, resources, summer camps and seasonal programs are geared to inspire health through the therapeutic and intentional use of music.

[www.jbmusictherapy.com](http://www.jbmusictherapy.com) 403.240.3877

