



## **INTERNSHIP INFORMATION & APPLICATION**

JB Music Therapy is a private music therapy company based in Calgary, Alberta. Since its inception in 1991, JBMT has devoted itself to sustaining an enthusiastic, knowledgeable, professional team bringing music therapy to all persons in Alberta regardless of age or ability. Every team member strives to bring our clients the best in care practices by offering hope, compassion, and a positive experience for persons seeking growth and life long learning.

The aim of our internship program is to equip the music therapy intern with a music therapy training program that exceeds their expectations, developing their skills from a competent music therapist to a mature JBMT employee.

This is an intense and independent internship and is best suited for advanced music therapy interns.

### **Supervisory Team**

The entire JB Music Therapy Team. Visit: <http://www.jbmusictherapy.com/team/> for credentials and bios.

### **Populations.**

Long term care (senior's and auto-immune conditions), learning challenges, acquired brain injury, mental health, young children with cerebral palsy and typical adults and children. Hospital, school and community based settings.

### **Time Commitment.**

An intensive 8 – 9 month (Monday to Friday with one evening).

### **Clinical Requirements.**

Please see the attached "Clinical Requirements."

### **Educational Resources.**

The intern will be provided with a detailed Internship Workbook broken down into 4 modules that guides the intern from emerging therapist to mature practitioner (MTA).

### **Equipment.**

Instruments are available to borrow from JBMT including a guitar. It is imperative that the intern owns a cell phone and a reliable car to commute throughout the city of Calgary and surrounding areas. Driving to sessions throughout the city is an important part of the internship.

### **Learning Contract.**

Prior to the commencement of their internship an agreement will be presented for the intern's signature. This agreement addresses areas of professionalism, confidentiality, ethics and their general roles and responsibilities while working in JBMT. During Module 1 the intern will discuss and document their

personal learning goals for their internship.

**Evaluation.**

Evaluations (self and by supervisor) are personalized and thoroughly reviewed at the end of each module.

**Fees.**

JBMT does not charge the intern a fee for their internship experience. The intern will receive a \$500 month stipend to cover their expenses beginning at the end of module 2.

**What more can you expect throughout your internship:**

- regular communication with your primary supervisor.
- frequent observations of other therapists.
- weekly team training and education days with the whole team.
- facilitating independent sessions with groups and individuals that meet your skill set and challenge your learning.
- providing coverage for other therapists during therapist leaves - only at sites that meet your skill set.
- an opportunity to develop goal setting, report writing, assessment techniques, advanced program planning, establishing strong program flow, and development of overall professional skills.

**Additional Information.**

- JBMT requests that no vacations be taken during the internship training months. Vacation is encouraged and recommended at the end of the training.

**Application Procedures.**

Please see the attached application form. Applications are accepted year round, however specific application deadlines can be found on the website.

**Please submit application BY EMAIL to:**

**Contact Information:**

Lisa Nagtegaal, Primary Intern Supervisor

JB Music Therapy

#1 - 1332 Hastings Crescent SE

Calgary, Alberta T2G 4C9

t: 403.240.3877

[lisa@jbmusic.ca](mailto:lisa@jbmusic.ca)

[www.jbmusictherapy.com](http://www.jbmusictherapy.com)

Live and Skype Interviews available.

## **APPLICATION FOR JBMT INTERNSHIP**

**Name:** \_\_\_\_\_

**Contact Information (address, phone, email):**

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**Year in School (must be 3<sup>rd</sup> or 4<sup>th</sup> year to apply):** \_\_\_\_\_

**Preferred Internship Start Date:** \_\_\_\_\_

### **Requirements:**

- I have completed this internship application.
- I have attached a cover letter that includes my reason for interest in an internship with JBMT
- I have attached a detailed resume that includes my education, practicum experience, non-MT related work and volunteer experience.
- I have included 2 reference letters from individuals who have observed my work as a student music therapist and who have addressed my professional, musical and clinical skills
- I possess all the clinical requirements, as indicated below.
- I have prepared 3 pieces that demonstrate my musical ability in a music therapy context. Please include: one song for seniors (song from the 30s or 40s), one song for a child and an improvised song or original work. These will be performed live or via skype.

## **CLINICAL REQUIREMENTS**

### **MUSIC SKILLS**

- Ability to effortlessly play I, ii, IV, V, vi basic chord progressions on the guitar to accompany a song.
- Ability to play I, ii, IV, V, vi chord progressions on the keyboard/piano to accompany a song.
- Ability to accompany a song using guitar and piano/keyboard and lead a group while singing.
- Good vocal proficiency (ie., ability to sing in time, in tune and in tempo). Good tone.
- Ability to transpose songs to meet patients, vocal range.
- Ability to compose songs or simple arrangements using I, ii, IV, V, vi chords.
- Ability to improvise, utilizing rhythmic instruments, guitar, piano, voice and/or keyboard or other primary instrument.

### **CLINICAL SKILLS**

- Ability to assess, observe and document a patient's mood, affect, behavior and responses to music interventions.
- Ability to document a patient's progress during Music Therapy sessions.
- Basic Knowledge of individual and group session plan development.
- A general knowledge of health care terms and diagnosis'.

### **PROFESSIONALISM**

- Demonstrate respect toward other persons, in response to a variety of situations or circumstances.
- Ability to adequately express themselves in a professional and compassionate manner.
- Punctuality and organization is imperative.
- Ability to follow policies and procedures.

The above entering skills will be required for every intern music therapist applying for this position.